

# My Bar

**Count:** 32    **Wall:** 4    **Level:** Improver

**Choreographer:** Kate Sala (UK). December 2019

**Music:** 'My Bar' by Lauren Jenkins - 2:39 mins.



**Intro: 16 counts.**

## **Kick, Step Back, Mambo Step, Step Pivot 1/2 Turn Left, Walk Forward R, L.**

- 1 2                      Kick R forward. Step back on R.  
3 & 4                    Rock back on L. Recover on to R. Step forward on L. (Restart from here during wall 3)  
5 6                      Step forward on R. Pivot 1/2 turn left.  
7 8                      Walk forward on R, L. 6:00

## **Step Pivot 1/2 Turn Step, Forward Lock Step, Cross, Point, Weave Right.**

- 1 & 2                    Step forward on R. Pivot 1/2 turn left. Step forward on R. 12:00  
3 & 4                    Step forward on L. Lock step R behind L. Step forward on L.  
5 6                      Cross step R over L. Point L to left side.  
7 & 8                    Cross step L behind R. Step R to right side. Cross step L over R.

## **Tap Out, In, Out, Weave Left, Reverse Rumba Box.**

- 1 & 2                    Point R toe to right side. Touch R toe next to L instep. Point R toe to right side.  
3 & 4                    Cross step R behind L. Step L to left side. Cross step R over L.  
5 & 6                    Step L out to left side. Step R next to L. Step back on L.  
7 & 8                    Step R out to right side. Step L next to R. Step forward on R.

## **Jazz Box 1/4 Turn Left, Clap, Step Forward, Clap, Back Lock Step, Kick Ball Step.**

- 1 2 3&                    Cross step L over R. Turn 1/4 left stepping back on R. Step L out to left side. Clap. 9:00  
4 &                      Step forward on R. Clap.  
5 & 6                    Step back on L, Lock step R over L. Step back on L.  
7 & 8                    Kick R forward. Step down on ball of R. Step forward on L.

## **Start Again**

**Restart: During wall 3 facing back wall, Restart after count 4.**